

MINNESOTA BICYCLE MAP

2019

U.S. BICYCLE ROUTE

FEDERAL, STATE, AND REGIONAL BIKE TRAILS

AVERAGE ANNUAL DAILY TRAFFIC

GRAVEL ROADWAY

INTERSTATE / BICYCLES PROHIBITED

BICYCLES PROHIBITED

Minnesota developed its U.S. Bicycle Router by joining existing roads and trails to create continuous bicycle routes. Minnesota's route offers recreational routes for all types of bicyclists, yet those riding an entire route must be capable of sharing the road with cars and trucks.

U.S. Bicycle Route 41, also known as the North Star Bicycle Route, connects St. Paul, Minnesota's Capital City, to Canada. Nearly half the route is on state or regional trails that link and wind through some of Minnesota's most beloved and popular locations, such as the Mississippi National River and Recreation Area, Grand Portage National Monument, Superior National Forest and state parks.

U.S. Bicycle Route 45, also known as the Mississippi River Trail (MRT), begins at the Mississippi Headwaters in Itasca State Park. The route closely follows the Mississippi River, which widens and passes through a changing landscape from pine forests to limestone bluffs, continuing to the Gulf of Mexico. Just over one quarter of the route is on state or regional trails.

Combined, U.S. Bicycle Route 41 and 45 continuously connect two of the world's great water bodies, Lake Superior, the world's largest freshwater lake by area and the Mississippi River, the world's fourth longest river - all by bicycle.

Materials & Map: mndot.gov/bike

BIKE LEGEND

LEAGUE OF AMERICAN BICYCLIST'S MN BICYCLE FRIENDLY COMMUNITIES

GOLD
MINNEAPOLIS

SILVER
GRAND MARAIS
HENNEPIN COUNTY
SAINT PAUL

Bronze
BATTLE LAKE
BEMIDJI
BRANDON
CROWLEY
DULUTH
Eyota
FARGO-MOODHEAD METRO
FRANKS FALLS
FRAXIE
GRAND RAPIDS
GREATER GRAND FORKS
GREATER MARSHTOWN
HICKORYCREEK

NATIONAL FEATURES

ROADWAY MARKERS

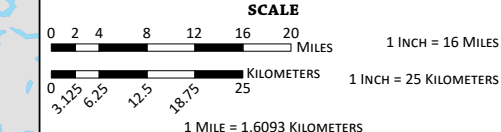
CITY POPULATIONS

STATE FEATURES

REST AREAS

NATIONAL PARKS

AIR TRAVEL



The State of Minnesota has published this Minnesota State Bicycle Map to identify opportunities for bicycling and to provide information to the public. The State of Minnesota makes no representation or warranty of accuracy or reliability of the data and any errors. The State of Minnesota assumes no responsibility for the loss or damage resulting from reliance on information on this map.

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MINNESOTA INDEX TO COUNTIES

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MINNESOTA INDEX TO UNINCORPORATED VILLAGES

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STATE PARKS

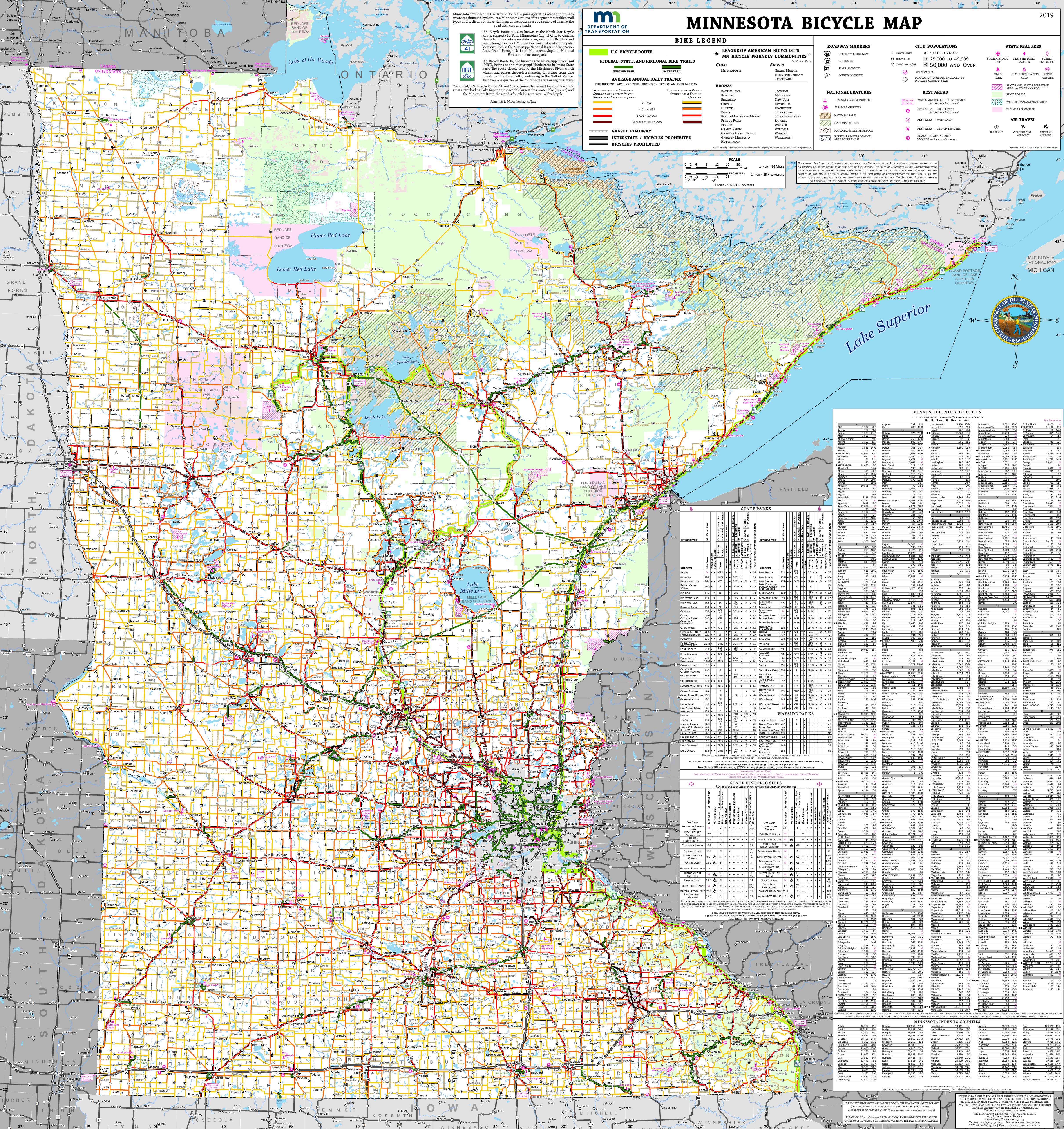
State Name	Area (Acres)	Year Established	Location
Abraham Lincoln	114,000	1908	Bellevue
Adair	1,100	1908	Bellevue
Adams	1,100	1908	Bellevue
Adams	1,100	1908	Bellevue
Adams	1,100	1908	Bellevue

WAYSIDE PARKS

Name	Area (Acres)	Location
Abraham Lincoln	114,000	Bellevue
Adair	1,100	Bellevue
Adams	1,100	Bellevue
Adams	1,100	Bellevue
Adams	1,100	Bellevue

STATE HISTORIC SITES

Name	Year Established	Location
Adair	1908	Bellevue
Adams	1908	Bellevue
Adams	1908	Bellevue
Adams	1908	Bellevue
Adams	1908	Bellevue



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